

Cycled Spring/Summer Menu

WG: Whole Grain
 W: Whole Wheat
 MG: Multigrain

	Monday	Tuesday	Wednesday	Thursday	Friday
	Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1
9:30 am	WG oatmeal Strawberries Milk	Bagel Watermelon Milk	WG toast Banana Milk	Waffles Oranges Milk	WG Cheerios 100% Juice Milk
12:00 pm	Sloppy Joe on a Bun Watermelon Lettuce Salad w/ dressing Milk	WG Grilled Cheese Cottage Cheese Carrots Applesauce Milk	Spaghetti w/ meat sauce Corn Apples Milk	Breadstick Chef Salad w/ ham, egg, cheese Peaches Milk	Tuna Casserole Broccoli Applesauce Milk
3:00pm	WG Sun Chips Milk	Yogurt Peaches	Saltine Crackers Pears	Wheat Thins Blueberries	Pretzels Celery
	Week 2	Week 2	Week 2	Week 2	Week 2
9:30 am	WG Oatmeal Apples Milk	WW Bagel w/cheese Raisins Milk	WG Triscuits Applesauce Milk	Pancakes 100% Juice Milk	WG Cheerios Banana Milk
12:00 pm	Hot Dogs w/ Bun Pineapple Lettuce Salad Milk	Chicken Salad Sandwich Carrots Watermelon Milk	Super Nachos (Beef & Bean) Lettuce & Tomato Green Beans Milk	English muffin pizza Spinach Peaches Milk	WG Cheese Quesadilla Broccoli Applesauce Milk
3:00pm	Yogurt Fruit Cocktail	Saltine Crackers String Cheese	Banana Bread Milk	WG Wheat Thin Apples	Goldfish Cracker Celery
	Week 3	Week 3	Week 3	Week 3	Week 3
9:30 am	WG Cheerios Apples Milk	Bagel Cantaloupe Milk	Banana Bread 100% Juice Milk	Waffles Apples Milk	WG Cinnamon Oatmeal & Banana Milk
12:00 pm	Chicken Ceasar Wraps Oranges Carrots Milk	WG Brown rice w/ Beef & gravy Corn Peaches Milk	WG Bread slice Chicken Nuggets Pineapple Green Beans Milk	Bean & Cheese on WG tortilla Carrots & Peas Spinach Milk	Lunchables with Hummus & Cheese Cucumbers Strawberries Milk
3:00pm	WG toast Fruit Cocktail	Ritz Cracker String Cheese	Graham Cracker Applesauce	Saltine Crackers Blueberries	Seasoned Oyster crackers & Milk